



MUNICIPAL PLANNING BOARD: GET ACTIVE ORLANDO CHECKLIST



Get Active Orlando recommends that planners, architects, landscape architects, engineers and developers review a proposed development project carefully for potential ability to walk and bike around and through the project. Small details in a project's design can make a big difference and can lead to a healthier lifestyle.

Check off each item on this form as you review your project. Upload this form with your plans when applying for development approval from the City of Orlando.

INITIAL ANALYSIS

- Imagine a virtual walk to the project from various surrounding locations and from within the project.
- Imagine that you are walking to the project from the nearest bus stop, the nearest residential area, etc.
- Imagine a virtual bike ride to the project from various surrounding locations.
- Plot the potential walking and biking routes to the project from the various surrounding locations.
- Identify potential barriers to walking and biking for the project and how they might be removed.
- Walk or bike to the project site to confirm your virtual analysis.

CONNECTIVITY

- Are direct, short and clear routes provided to entrances?
- Is convenient access provided from the building or project from neighboring uses?
- If feasible, is access provided on all sides?
- Are shortcuts for bicyclists and walkers provided from the building or project to adjacent uses?
- Do walkers and bicyclists have priority access?
- Are connections provided to nearby walking/biking lanes or trails?

ENTRANCES

- Are entrances to the building(s) visible from the street?
- Are entrances convenient to transit?
- Is the building's primary entrance and address well marked so that walkers and bicyclists can readily find the building and building entrance?
- Are the building's setbacks from the street beneficial or detrimental to walkers? Note: Setbacks may be visually attractive but can discourage walking by adding greater distance to entrances, unless treated appropriately.

BICYCLE PARKING

- Does the project provide safe, secure short-term and long-term parking for bicyclists in a conspicuous location?
- Is bicycle parking conveniently located near the primary entrance of the building (within 100 ft)?
- Are bike racks readily visible and identified with a city approved design? Note: City approved designs depict either an upside down "u" or a "hitch".

GET ACTIVE ORLANDO CHECKLIST (CONTINUED)

SIDEWALKS

- Are sidewalks sufficiently wide to accommodate the anticipated number of walkers? Note: Provide 6' minimum clear width without obstructions for commercial uses.
- Are hard curbs provided?
- Is shade provided over the sidewalk through canopy trees, awnings or building design?
- Is lighting provided in the evening?
- Are buffers provided between walkers and traffic?
- Is sufficient width provided for a bus stop and bus shelter?

CROSSINGS

- Are safe, direct crossings provided for walkers? – This could include “bulb-outs” at corners, median refuge islands, mid-block crossings, pedestrian’s signals, etc.

BARRIERS

- Are utility poles, traffic mast arms, and equipment boxes located outside the sidewalk area? Note: These items should be located in the planter strip between the sidewalk and the street, without obstructing line of sight for pedestrian and drivers.
- Is there a plan for removal of existing barriers in the sidewalks?
- Is there a plan for removal of existing barriers in the bike lanes?

INDOORS

- Are wide central stairs provided in a prominent location to encourage walking rather than use of an elevator?
- Are showers and lockers provided for office and commercial employees?
- Can bicyclists bring their bikes indoors or secure them in a covered location?

Thank you for completing this project checklist! Please upload this form with your plans.

Get Active Orlando is part of a national initiative called *Active Living by Design (ALbD)*, funded by the *Robert Wood Johnson Foundation*. As one of only 25 community partnerships chosen to participate in this initiative, ***Get Active Orlando*** works to establish innovative approaches to increase physical activity through community design, public policies and communications strategies.

*The initiative's general message is that people can be physically active daily by making choices such as walking to lunch instead of driving or taking the stairs instead of the elevator. **Get Active Orlando** strives to provide these opportunities to target populations, particularly through community design initiatives.*